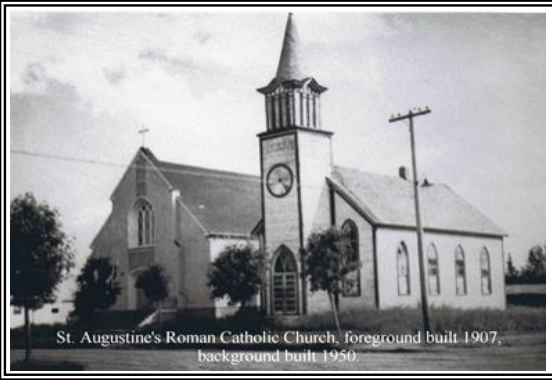
St. Augustine's Roman Catholic Church, foreground built 1907, background built 1950

St. Augustine Parish

5113 - 52 Avenue, Ponoka, Alberta T4J 1H6

Phone: 403.783-4048 Text: 825.706-4863

E-mail: StAugustine.Ponoka@caedm.ca

Website: staugustine.caedm.ca

Facebook: St.AugustinePonoka ***https://staugustineponoka.flocknote.com/***

Office Hours: 9 AM – 1:30 PM Tuesday to Friday

Most Holy Body and Blood of Christ June 7,2026

Deuteronomy 8.2-3, 14-16 Psalm 147

1 Corinthians 10.16-17 John 6.51-59

PAY ATTENTION TO your food. If "you are what you eat," then apply that insight to this holiest of communions: we become what we eat.

The best-kept secret of the Church's understanding of Eucharist is that in eating and drinking the body and blood of Christ, we too are transformed. Just as the power of the Holy Spirit transforms the bread and wine into Christ's body and blood, so, as we consume his Body and Blood sacramental, the Spirit transforms us more fully into the Body of Christ ecclesial, abiding in each other, brimming with Christ-life, breathing one Spirit.

And, then, wholeness restored and hunger satisfied, we are commissioned: "Go in peace, glorifying the Lord by your life." The Body of Christ—you, me, us—is sent out to our hungry world. A world where starvation is still being used as a weapon of war and food insecurity haunts even affluent communities. A world hungry for meaning, love, justice, wholeness, joy: for communion.

Having become what we eat, we tremble before what comes next. For we will be broken like bread, a miracle of multiplication of Christ's energy and love. We will be poured out as wine, so that friend and enemy alike can quaff a bit of joy, and take a first step toward peace.

Will you say "Amen" to what you are? (Bernadette Gasslein)

Corpus Christi

The Solemnity of the Most Holy Body and Blood of Christ

The Solemnity of the Most Holy Body and Blood of Christ, also known as Corpus Christi, is a significant Catholic celebration that honors the real presence of Jesus Christ in the Eucharist. This feast, which originated in France in the mid-thirteenth century and was extended to the whole Church by Pope Urban 1V in 1264, is celebrated on the Thursday following the Solemnity of the Most Holy Trinity or, in the USA, on the Sunday following that feast. The primary focus of this feast is on the Eucharist, emphasizing the joy of Christ's presence in the Blessed Sacrament. The Church also uses this feast as an opportunity for public Eucharistic processions, which serve as a sign of common faith and adoration. The feast is a reminder of the infinite value and transforming power of the Body and Blood of Christ,

Mass Times: ***Saturday @ 7 PM Sunday @ 9 AM Wednesday @ 12 NOON Thursday @ 9:00AM***

Adoration: Saturday (at 6:20 PM)

Rosary: 30 minutes before weekend masses

Confession: 30 minutes before mass or by appointment

Sacrament/Anointing of the Sick: in case of emergency call **Fr. Liju (780.935-1589)**

The Pastoral Team visits hospitals/long term care & senior residences on Tuesdays.

If you know someone who needs prayers,

call our **Prayer Line Co-ordinators**

Judy @ 403.783-4347 Gail @ 403.783-8123

ADORATION
Wednesdays @ 11:15 AM
Saturdays— @ 6:20 PM

Mass Intentions

Saturday	June 6	@ 9:00 am	+ Helene Rivard
Saturday	June 6	@ 7:00 pm	+ Hilaria Moreno
Sunday	June 7	@ 9:00 am	+Deceased Members of the Abel and Koleyak Families
Wednesday	June 10	@ 12 Noon	+ Lou Gorman
Thursday	June 11	@ 9:00 am	+ Phil and Clare Cook
Saturday	June 13	@ 7:00 pm	+ Roy Fairclough and For the Intentions of George and Margo Serkasvich
Sunday	June 14	@ 9:00 am	+ Terri Taylor

F

Congratulations to our confirmation candidates who will be confirmed at the 9:00 am Sunday mass. This is a milestone event, as the Holy Spirit comes to dwell in the hearts of each of them. Let us pray that through his power they will be strong witnesses and courageous disciples of Christ.

Congratulations to the 63 students of the St. Augustine Secondary School Graduation Class of 2026.

May God bless them, keep their faith strong, guide them with his wisdom and strength, and help them to use their education generously and honestly.

First Saturdays Devotion to the Immaculate Heart of Mary

Mass @ 9 am

Rosary @ 8:30 am

Catholic Women's League

Faith, Service & Social Justice

God's Blessing to our Confirmands!

The CWL will again be serving their special Father's Day Brunch on Sunday, June 21th. After mass.

Co-presidents: Carol (403) 783-214 / Maria P (403) 783-8912

Knights of Columbus,
Council 4503
In Service for One,
In Service for all

The 1st Sunday of the month is K of C Ministries and the next Pancake Breakfast is June 14 after 9:00 am

Grand Knight, **Joe Henderson**
(403)358–4845
Financial Secretary, **Henry Hollman**
(403) 801-7948

We are still in **urgent need** of volunteers for the Food Booth at Stampede time. **Please consider signing up for one or two shifts.** Time is getting short. Sign-up sheets are at the front entrance of the church and QR code sign up.

Contact Phone # Sheila (403) 963-0476 Keith # (587)-729-0255

St. Augustine Food Booth Shift Request Form

How to use a a QR Code.

Hover your camera over the QR code and click on the banner that appears on your phone to access the form.

Responding to this form is not a confirmation of your shift selection. You will receive an email confirmation in the upcoming day or two. Any shift requests received over a weekend via this form will be addressed after the paper sign up schedule at the back of the church has been collected back each Sunday.

We will continue **to sell Apple Pies** after weekend massses with the proceeds going to our **building fund.** Cost is $15.00, **cash only**

June is Covenant Foundation's Seniors' Month

This June, we join Covenant Foundation in celebrating Seniors' Month, a time to honour the seniors in our communities: their lives, their wisdom and the love they continue to share.

Tuesday June 9 is set aside for the cooking of our ground beef for taco in a bag ingredients. We will be cooking over 1000 lbs to prepare for the Stampede Booth. We used to do this over two days but are now doing it in one day at the food booth itself, which has helped to speed up the process. We are in need al all the help we can get, so if you are free please join us starting at 8:30 am. Sign up sheets are at the entrance of the church.

Bring your refundable cans & bottles
To the church
$59.80 Collected in May
We can Build for the Building Fund.

ADVERTISE YOUR BUSINESS IN OUR PARISH BULLETIN

St. Augustine Parish is offering Business Card size

Cost of Ads: $130/year; $75/six months or $20/month

Take advantage of this exceptional offer

Call the Parish Office at (403) 783-4048

If you have **changed** your **phone number or address** please inform the parish office @ 403-783-4048 so you information can be updated.

June: The Month of the Sacred Heart of Jesus!

The Catholic Church dedicates the month of June to the Sacred Heart of Jesus. You may have heard the phrase "the Sacred Heart of Jesus", but what does it refer to and why is it important?

Devotion to the Sacred Heart of Jesus is a devotion to the humanness of Jesus Christ. This month, we take time to remember his love and real suffering for us. The Sacred Heart is a symbol of **mercy** and an invitation to **trust** in Christ's mercy.

Catholic Faith On Demand.

Formed: The *A special GiFT for all St. Augustine & St. Stephen parishioners!* Are you hungry for a deeper faith and love of God? Let your heart be filled with inspiration, knowledge, and encouragement. 100s of movies, talks, books and episodes – including *Symbolon* and Bishop Barron's *Catholicism* – all in one place. Watch on your phone, iPad, computer or smart TV in the comfort of your own home. Sign on to FORMED. It is easy to use and best of all, it's FREE!

FORMED.org

A huge thank you to our donor partners: St Augustine & St Stephen Parishes, St. Augustine and St. Stephen Knights of Columbus, and our three Catholic schools. Access is easy:

1. If you are new to FORMED, sign up using your e-mail and the St Stephen postal code: T4L 1J7